

## **Scott Mills, sea bass with sauce vierge, new potatoes & asparagus**

**Nick Grimshaw:** Dish from Waitrose is an SE Creative Studio production and may contain some mild swear words or adult themes.

**Nick Grimshaw:** Hello and welcome to Dish from Waitrose. I'm Nick Grimshaw.

**Angela Hartnett:** I'm Angela Hartnett.

**Nick Grimshaw:** How are you today Ange?

**Angela Hartnett:** I'm very well, thank you. How are you?

**Nick Grimshaw:** Yeah, I'm all right. Did you just blow your nose?

**Angela Hartnett:** I did, I've got- I've got hay fever I think.

**Nick Grimshaw:** Oh, I think I have it.

**Angela Hartnett:** No, you're just saying that.

**Nick Grimshaw:** No, I'm not, I was so sneezy yesterday.

**Angela Hartnett:** Do you not blowed- blown- blown.

**Nick Grimshaw:** I've not blowed my nose yet, but I did yesterday, I was proper-

**Angela Hartnett:** No, there's definitely something.

**Nick Grimshaw:** -sneezy and then I was like, oh, 'tis the season. Do you believe in taking local honey?

**Angela Hartnett:** Oh God, yes, and I have jars of it at home, so I've got to have some.

**Nick Grimshaw:** Oh yeah.

**Angela Hartnett:** Of course.

**Nick Grimshaw:** Well, I went away recently and we went and me- in the countryside and because there was nowt to do in the countryside, we signed up to go on a honey sommelier course.

**Angela Hartnett:** And?

**Nick Grimshaw:** And I said, it all tasted like honey if I'm honest... But I said, 'Does honey work for hay fever? Like, does it work?' And she said, 'Yeah, but you have to start taking it from February.'

**Angela Hartnett:** Oh.

**Nick Grimshaw:** So I missed the boat by several months.

**Angela Hartnett:** We're all buggered.

**Nick Grimshaw:** Yeah. But next year, get ready.

**Angela Hartnett:** Get ready.

**Nick Grimshaw:** Scott Mills today, have you ever met Scott Mills?

**Angela Hartnett:** I've not, but he's a good mate of yours.

**Nick Grimshaw:** Yeah, he's great, Scott.

**Angela Hartnett:** Yeah?

**Nick Grimshaw:** He's really, really good. He was at Radio 1 all the time I was there. And he's really fun and really nice to hang around with.

**Angela Hartnett:** All around entertainer, isn't he?

**Nick Grimshaw:** Yeah. And just a really good guest.

**Angela Hartnett:** Perfect.

**Nick Grimshaw:** You know, he'd be a great guest round your house.

**Angela Hartnett:** Good.

**Nick Grimshaw:** Great someone to go to the pub with.

**Angela Hartnett:** Has he been around your house? Have you cooked for him?

**Nick Grimshaw:** Um, I don't think he has been around. Do you know what Scott is, I'd say? Non-committal.

**Angela Hartnett:** So you're saying he's been invited and he's just...

**Nick Grimshaw:** He's been invited many a time.

**Angela Hartnett:** Many a time.

**Nick Grimshaw:** Many a time.

**Angela Hartnett:** And you just don't- you just get a blank, there's no reply.

**Nick Grimshaw:** Yeah. Always, always that, 'Oh no, this has happened.'

**Angela Hartnett:** Do you think he waits to see if there's something better going on?

**Nick Grimshaw:** Uh, yeah. Fortunately for us, nothing better today. So he's here

**Angela Hartnett:** There's nothing better going on.

**Nick Grimshaw:** Before we get on to Scott, I thought we could have a little listen to what Cathy has sent us. Cathy listens to Dish and has sent this in.

**Cathy:** Hello from Texas. My name is Cathy, and I cannot overstate how much joy I get listening to the Dish podcast. I love the conversation, I love the laughs, and I love the food talk. My husband and I are planning a trip to England this summer, and one item on our itinerary is to buy snacks at Waitrose. So, Angela, Nick, and the Team Dish Podcast staff: can you let me know some of your favourite sweet and savoury snacks that we could pick up at Waitrose? Thanks so much for creating this podcast and for letting me know your suggestions. Have a great day.

**Nick Grimshaw:** Do you think that's just the boss of Waitrose pretending...

[Laughter]

**Nick Grimshaw:** Pretending to be from America.

**Angela Hartnett:** You are going to America soon. Is one of your things to go to Whole Foods and buy snacks.

**Nick Grimshaw:** I'm not joking, I took my mum to an American supermarket when we were in Miami, and we went on holiday to Miami for like two weeks, then we went to New York for the weekend, we went to Saturday Night Live. When we got back, we said, what was your highlight? And my mum said, 'That big supermarket.' Not joking. That's what she enjoyed. But I will say the way Americans stack the vegetables in a supermarket is...

**Angela Hartnett:** Something to be admired.

**Nick Grimshaw:** It is something to be admired. I actually would like to do one of those sort of American style installations in a local Waitrose. Like, they must polish their apples,

**Angela Hartnett:** But we're not really answering her question.

**Nick Grimshaw:** No, we're not. Best snack at Waitrose?

**Angela Hartnett:** Salted almonds.

**Nick Grimshaw:** Oh yeah, love a salted almond.

**Angela Hartnett:** Yeah, the Spanish ones, delicious.

**Nick Grimshaw:** Yeah. I'd like a gr- I can't remember what they're called, but like a green, large olive, pitted, in a jar.

**Angela Hartnett:** Lovely, yeah. Stuffed with something?

**Nick Grimshaw:** No, just as it is.

**Angela Hartnett:** Just as it is. Yeah, okay. That's a good one.

**Nick Grimshaw:** I like that.

**Angela Hartnett:** They've got good cracker things like, like, you know, those thin sort of cheese straws.

**Nick Grimshaw:** Oh, I love a cheese straw.

**Angela Hartnett:** They're always pretty good.

**Nick Grimshaw:** I love a cheese straw. I'd say a scotch egg.

**Angela Hartnett:** Yeah. Mini sausage even.

**Nick Grimshaw:** Mm, love a mini sausage.

**Angela Hartnett:** Actually you should go all English. You should go scotch egg, mini sausage, pork pie.

**Nick Grimshaw:** Yeah, pork pie.

**Angela Hartnett:** Full on. And a bit of mustard to go with it.

**Nick Grimshaw:** Yeah, I'd agree, actually.

**Angela Hartnett:** Forget all that Mediterranean stuff.

**Nick Grimshaw:** If you wanna send us a question, like Cathy just did from Texas, you can email us, [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk). And we like a voice note...

**Angela Hartnett:** We do.

**Nick Grimshaw:** But if you, if you don't wanna do a voice note, you can just email us.

**Angela Hartnett:** She- she's sounded very clear from Texas.

**Nick Grimshaw:** Yeah, she's very good, yeah.

**Angela Hartnett:** I wanna go to Texas, actually.

**Nick Grimshaw:** I've got family in Texas.

**Angela Hartnett:** I wanna go to Austin.

**Nick Grimshaw:** Yeah, I've got family in Austin and somewhere else.

**Nick Grimshaw:** Why don't we take some Waitrose snacks to Cathy?

**Angela Hartnett:** Shall we take Dish?

**Angela Hartnett:** Yeah.

**Nick Grimshaw:** And save her an air flight.

**Angela Hartnett:** We'll bring the sausage to you.

*[Dinner table sounds]*

**Nick Grimshaw:** Right, time for our guest. We get to introduce one of my favourite broadcasters, here to talk radio, wine, and Eurovision, Mr Scott Mills, everybody.

*[Applause]*

**Scott Mills:** Thank you.

**Nick Grimshaw:** Hi Scott Mills.

**Angela Hartnett:** Hi, Scott.

**Scott Mills:** What you don't know is I texted Grimmy this morning.

**Angela Hartnett:** Okay. Saying...

**Scott Mills:** Saying that I can't wait to meet you cause I'm a massive fan of this podcast.

**Angela Hartnett:** Oh, likewise.

**Nick Grimshaw:** Experiencing Angela panic.

**Angela Hartnett:** Ignore him.

**Scott Mills:** I did text you, didn't I?

**Nick Grimshaw:** Uh-huh, you did-

**Scott Mills:** Saying-

**Nick Grimshaw:** -it was my first text and my- my thing this year was don't go on my phone til after I've had a coffee. Just like, don't wake up and like, look on my phone.

**Scott Mills:** Yeah, yeah.

**Angela Hartnett:** Mm.

**Nick Grimshaw:** And I have stuck to that

**Scott Mills:** Uhhuh.

**Angela Hartnett:** Well done.

**Nick Grimshaw:** But I did sense it this morning. And when I woke up at like quarter past seven, I thought, let me just check, and Scott had text me, saying that he was semi-anxious about this.

**Angela Hartnett:** You were up early then.

**Scott Mills:** Oh yeah.

**Angela Hartnett:** Are you an early bird?

**Scott Mills:** Yeah, I am these days.

**Angela Hartnett:** Okay.

**Scott Mills:** Not so much back in the day, but, uh...

**Angela Hartnett:** When you were supposed to be.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Well you remember those times.

**Angela Hartnett:** We'll come to that.

**Scott Mills:** Yeah, we'll come to that. No, I said I was nervous because I'm excited to meet Angela, but also I don't know much about food.

**Angela Hartnett:** That's alright.

**Scott Mills:** And he just texts back with, 'You don't need to know much about foof.'

**Nick Grimshaw:** 'Foof', yeah. I accidentally said...

**Angela Hartnett:** Do you know anything about foof?

**Nick Grimshaw:** Like I say, I was texting in bed.



**Scott Mills:** I was like, just as well 'cause I don't know anything about that.

**Nick Grimshaw:** Don't worry about foof.

**Scott Mills:** It was a typo.

**Nick Grimshaw:** Well, welcome, and you don't need to worry about food.

**Scott Mills:** Thank you.

**Angela Hartnett:** Yeah.

**Nick Grimshaw:** Let's talk about food though. Do you have any, like fond food memories of growing up? Like when you think of your childhood, what's the meal that you think of?

**Scott Mills:** My mum couldn't be bothered to cook.

**Nick Grimshaw:** Yeah, same.

**Angela Hartnett:** Right.

**Scott Mills:** She saw it as an absolute chore. But it was weird 'cause my nan, her mum, was really into the cooking. But you know, like that generation where it would, would be like a proper sit down lunch with dessert, and again, in the evening. I was like, God- I mean, she was retired, she had all the time in the world.

**Nick Grimshaw:** A dessert with lunch is amazing.

**Scott Mills:** With lunch.

**Nick Grimshaw:** Love.

**Angela Hartnett:** That's special. But what was the dessert? What was it like, apple pie, or?

**Scott Mills:** It was your classic- your pies, what else would she make? She would just have like an apple pie ready to go.

**Angela Hartnett:** She would have something sweet.

**Scott Mills:** Oh, she, she, she would've made it and frozen it and then just whip it out on a Tuesday.

**Angela Hartnett:** Sure.

**Nick Grimshaw:** Love nans.

**Scott Mills:** For lunch!

**Nick Grimshaw:** Love nans.

**Scott Mills:** My mum, exactly the opposite. Could not be bothered, so everything was from the freezer. I'm talking, crispy pancakes, remember those?

**Nick Grimshaw:** Oh, we had them.

**Scott Mills:** Yeah.

**Nick Grimshaw:** My brother thinks he's bald 'cause of them.

**Scott Mills:** What? What do you mean?

**Nick Grimshaw:** Because he, he was born in 1971, I think, and so he said throughout the seventies and eighties he just had frozen food-

**Angela Hartnett:** Same.

**Nick Grimshaw:** -and he think that's why he's bald.

**Angela Hartnett:** Right. And did you not have frozen food then?

**Nick Grimshaw:** He calls me middle-class kid 'cause we had like, pasta.

**Angela Hartnett:** Hummus.

**Nick Grimshaw:** We didn't have hummus. We didn't have hummus, but yeah, Findus crispy pancakes, what else did you have?

**Scott Mills:** Oh, everything with chips.

**Nick Grimshaw:** Yeah, everything with chips, yeah.

**Scott Mills:** We had a chip pan.

**Angela Hartnett:** But did your mum work?

**Nick Grimshaw:** Oh yeah, got the chip pan.

**Angela Hartnett:** She worked?

**Scott Mills:** Yeah, she worked at BT. She was one of them people that when you like- remember you used to ring up and go, 'Hello, Wembley 222,' and she'd put you through.

**Nick Grimshaw:** Oh, and she'd like put the thing through?

**Scott Mills:** That was my mum.

**Angela Hartnett:** Brilliant, oh wow. Amazing.

**Scott Mills:** Sandra on the, on the telecoms.

**Nick Grimshaw:** Well, she was doing that, Sandra, yeah then get home, whack the oven chips on.

**Scott Mills:** But no, it was, um, crispy pancakes, what else did we have? Fish fingers.

**Angela Hartnett:** Yeah.

**Nick Grimshaw:** Did you have that, um, sandwich spread.

**Angela Hartnett:** Sardine flavour?

**Nick Grimshaw:** No but I love that.

**Angela Hartnett:** I do as well.

**Scott Mills:** Sardine flavour?

**Angela Hartnett:** Yeah. What other sandwich spreads? What else was there?

**Scott Mills:** No, it's-

**Nick Grimshaw:** A beef one or a meat one.

**Scott Mills:** It's still available at Waitrose.

**Angela Hartnett:** Oh, well done, well done.

**Scott Mills:** And it is, well, it's mystery sandwich spread. I dunno what's in it.

**Nick Grimshaw:** Yeah, it's just like meat.

**Scott Mills:** There's some- no, it's not meat.

**Nick Grimshaw:** Oh, it's not meat?

**Scott Mills:** I wanna say it's, it's kind of- it's in a jar. And it looks a bit like mayo, egg, consistency, but with chopped up vegetables in it.

**Angela Hartnett:** Okay.

**Nick Grimshaw:** Oh yeah.

**Scott Mills:** And it kind of has the taste of, you know a Big Mac sauce.

**Angela Hartnett:** Yeah.

**Scott Mills:** Yeah, it's got, it's that taste.

**Angela Hartnett:** So it's got gherkins in it?

**Nick Grimshaw:** Bit gherkin-y.

**Angela Hartnett:** Pickle-y, okay.

**Scott Mills:** Oh, we had that in our sandwiches all the time.

**Nick Grimshaw:** Yeah. I love the meat one in like white, cheap bread with like the meat spread, oh. What about when you cook at home? Do you cook at home?

**Scott Mills:** I mean, not often. No, I do. But it's...

**Nick Grimshaw:** Cup of tea.

**Scott Mills:** I am a basic b\*\*\*\*. It is, it's really basic guys.

**Nick Grimshaw:** What are we talking?

**Scott Mills:** I mean...

**Nick Grimshaw:** What, just like just you and Sam on like Wednesday night, what you're having for your tea?

**Scott Mills:** Oh, we're just having like, boring chicken and rice.

**Nick Grimshaw:** Yeah, yeah. And then what about if you were like, oh shit, people are coming around for their tea.

**Scott Mills:** Order it in.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Or...

**Angela Hartnett:** Go out.

**Scott Mills:** Go out.

**Nick Grimshaw:** Go out. You say, 'Let's go out!'

**Scott Mills:** It's not that we eat bad, we eat quite well. But it's really basic.

**Nick Grimshaw:** Right.

**Scott Mills:** And I think I remember telling you this before, I went through a whole stage when I was single, of chicken in a bag.

**Nick Grimshaw:** What do you mean? Like the deli chicken?

**Scott Mills:** As if, no, I'm talking about like, I think it's Maggi.

**Nick Grimshaw:** Right.

**Scott Mills:** Literally.

**Nick Grimshaw:** Oh yeah.

**Scott Mills:** Open it up.

**Nick Grimshaw:** 'Mum says it's so juicy,' the advert.

**Scott Mills:** That, right. You open up, it's one packet, open it up, chuck some chicken breasts in there, shake it all up, put the bag in the oven. Boom.

**Nick Grimshaw:** Boom. Done.

**Scott Mills:** You've got dinner.

**Nick Grimshaw:** Is there anything you guys don't eat at home? Is there anything that, like if you are out on your own, you're like, I'm gonna enjoy this now, 'cause Sam hates it.

**Scott Mills:** There's lots he doesn't like.

**Nick Grimshaw:** Yeah.

**Scott Mills:** So therefore my options- and I eat everything - my options are limited. So can I tell you what he doesn't like?

**Nick Grimshaw:** Please.

**Scott Mills:** It's quite a long list.

**Nick Grimshaw:** Okay.

**Scott Mills:** Mushrooms.

**Angela Hartnett:** Right.

**Scott Mills:** That's quite-

**Nick Grimshaw:** Mushrooms?

**Scott Mills:** I think that's quite common.

**Angela Hartnett:** A lot of people don't like mushrooms.

**Nick Grimshaw:** I feel like they don't really taste of anything.

**Scott Mills:** Why don't they like them though?

**Nick Grimshaw:** I don't know. It's just like, meh.

**Angela Hartnett:** You know.

**Nick Grimshaw:** Okay. Mushrooms, no.

**Scott Mills:** Tomato. That's a problem.

**Angela Hartnett:** That's quite a big one.

**Scott Mills:** That's a problem.

**Nick Grimshaw:** Is it?

**Scott Mills:** Yeah.

**Angela Hartnett:** Well, like sauces, and tomatoes are in so many things, yeah.

**Scott Mills:** But even to the point-

**Angela Hartnett:** But hold on, is he one of these that doesn't like cooked or raw, you know, 'cause some people get very specific about their tomatoes.

**Scott Mills:** Both. To the point where we can't even have a pizza with tomato sauce on it, 'cause it's tomato.

**Angela Hartnett:** Crikey.

**Scott Mills:** I know.

**Nick Grimshaw:** Everyone's sad. Crew members jumping out of a window like 'Oh, oh.'

**Scott Mills:** But then also I'm like, all right, so you don't want tomato sauce, so what about some kind of like, I don't know, creamy sauce? 'No, I don't want that either.' Brilliant, so...

**Nick Grimshaw:** So not pizza.

**Scott Mills:** Yeah. Mushrooms are off. Pizza's off.

**Nick Grimshaw:** Oh God.



**Scott Mills:** I would say pasta's off because it involves-

**Angela Hartnett:** A lot of that.

**Scott Mills:** Sauce.

**Angela Hartnett:** A lot of mushrooms and tomatoes.

**Nick Grimshaw:** He does not really like 'owt wet.

**Scott Mills:** 'Owt wet, no, no, no.

**Nick Grimshaw:** No, don't like 'owt wet.

**Angela Hartnett:** 'Owt wet, okay.

**Nick Grimshaw:** That's it, yeah.

**Scott Mills:** Took me a while to kick into that.

**Nick Grimshaw:** Sorry, yeah. He doesn't like anything wet.

**Angela Hartnett:** Did Sam grow up not- he wasn't, didn't have a great sort of cooking experience. Why is he so anti food? Seems very anti food. Sorry.

**Nick Grimshaw:** That could be your drag name. Aunty Food.

**Angela Hartnett:** Aunty Food. Thanks.

**Scott Mills:** The blame can be entirely placed on his mother.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Because, guess what she doesn't eat? That's right, all of the things I just listed.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Can I tell you one more thing, which is really, was almost a deal breaker for me.

**Angela Hartnett:** Yeah, go on.

**Scott Mills:** And I have agreed to marry this person. Cheese.

[Crew groans]

**Nick Grimshaw:** Oh.

**Scott Mills:** Right?

**Nick Grimshaw:** Wow.

**Angela Hartnett:** No wonder you eat chicken in a bag. There's nothing left really, is there?

**Scott Mills:** What else is there left?

**Nick Grimshaw:** No mushrooms, no pasta, no pizza.

**Scott Mills:** But Angela, MBE, OBE, what is left in the world of food?

**Angela Hartnett:** Fruit, fruit, fruit.

**Nick Grimshaw:** Fruit.

**Scott Mills:** Fruit.

**Angela Hartnett:** Does he like meat?

**Nick Grimshaw:** Meat and fish?

**Scott Mills:** No fish, no.

**Nick Grimshaw:** No fish?

**Scott Mills:** That's off.

**Angela Hartnett:** No fish? But he likes meat?

**Scott Mills:** Yeah.

**Angela Hartnett:** So will you do a steak and chips?

**Scott Mills:** Yeah, that's perfect.

**Angela Hartnett:** Right, now we know where we are.

**Nick Grimshaw:** Well, today you'll be happy to hear we are having fish.

**Scott Mills:** Oh yes!

**Angela Hartnett:** Yes!

**Nick Grimshaw:** So we're doing fish.

**Scott Mills:** Yes! Right, fish is a treat. Fish is a treat for me.

**Angela Hartnett:** And tomatoes.

**Nick Grimshaw:** And tomatoes! Whack a mushroom on, Ange.

**Angela Hartnett:** Whack a mushroom, we're laughing.

**Scott Mills:** All the things I don't have.

*[wine pouring sounds]*

**Nick Grimshaw:** So whilst Angela gets that fish going, you may be able to hear the sizzle.

**Scott Mills:** I can, I smell it, yeah, it's delicious.

**Nick Grimshaw:** Fishy sizzle. We're gonna have a glass of white wine, which is something I always think of when I think of you.

**Scott Mills:** Yeah.

**Angela Hartnett:** Why?

**Nick Grimshaw:** Because Scott really liked white wine, back in the-back in day.

**Scott Mills:** Yeah. It was my drink of choice.

**Angela Hartnett:** Was that your rider?

**Scott Mills:** It was on my rider.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Yeah, yeah. Every student gig I ever did.

**Nick Grimshaw:** Bottle of white.

**Scott Mills:** Bottle of- two bottles of white.

**Nick Grimshaw:** Two bottles of white. I think what I've been trying to do is drink like Europeans, like don't binge drink.

**Scott Mills:** Congratulations.

**Nick Grimshaw:** Basically, like maybe enjoy it for what it is, you know?

**Scott Mills:** Yeah, it's-

**Nick Grimshaw:** Glass of wine with food?

**Scott Mills:** I think it's -is it unique to this country?

**Nick Grimshaw:** I think so.

**Scott Mills:** Cause when you, you go to Europe, you're like, oh, you've had one- you've had one drink.

**Nick Grimshaw:** Yeah. You're not spiralling. You are not ending up in someone's kitchen at 7am, telling them about your life.

**Scott Mills:** Uh-huh.

**Nick Grimshaw:** You're just enjoying it. Did you see that Stanley Tucci show where he went around Italy?

**Scott Mills:** Yeah.

**Nick Grimshaw:** And he went, when he was in Venice, he met some people who have a little glass of white wine in the morning.

**Scott Mills:** Yes.

**Nick Grimshaw:** Before they go to work. I'd be off my head if that was how I started my day. If someone said, have a glass of white wine at 9am, I'd be having a fight by 3.

**Scott Mills:** Is Angela's chip pan on fire?

**Angela Hartnett:** Well spotted.

**Nick Grimshaw:** Oh flames.

**Angela Hartnett:** No, it's just the-

**Nick Grimshaw:** When the flame goes, so cheffy.

**Scott Mills:** No, I love it though.

**Nick Grimshaw:** I've never got the flame going at mine. Have you?

**Scott Mills:** No. Well I would call the fire brigade.

**Angela Hartnett:** I got the flames going at yours.

**Nick Grimshaw:** You've got the flames going at mine.

**Angela Hartnett:** I set your alarm off.

**Nick Grimshaw:** Yeah, set the bloody smoke alarm.

**Angela Hartnett:** Poor dogs.

*[Dinner table sounds]*

**Nick Grimshaw:** What are we going for today, Ange? This looks really good.

**Angela Hartnett:** We've got sea bass with sauce vierge, new potatoes, and asparagus.

**Nick Grimshaw:** Mm.

**Scott Mills:** This is delicious. This is- this is my fish of dreams, sea bass is my favourite. If I did this at home- I mean, it would be a disaster if did it at home, but this- the skin is so crispy. How is that happening?

**Nick Grimshaw:** Yeah, I tried to do crispy skin on Sunday and it didn't work.

**Angela Hartnett:** What fish did you have?

**Nick Grimshaw:** Sea bass.

**Angela Hartnett:** Okay.

**Nick Grimshaw:** I had the pan dead hot.

**Angela Hartnett:** Yeah. Oil?

**Nick Grimshaw:** Oil, yeah. Skin side down, and when it went in, the fish went a bit smaller inside.

**Angela Hartnett:** It curled up.

**Nick Grimshaw:** Yeah.

**Angela Hartnett:** Did you score it?

**Nick Grimshaw:** No.

**Angela Hartnett:** There you go.

**Nick Grimshaw:** Oh.

**Angela Hartnett:** That's the difference.

**Scott Mills:** You have done that yet, yeah.

**Nick Grimshaw:** Give us the, give us the-

**Angela Hartnett:** So exactly like that. Hot pan, hot oil, not smoking 'cause then it would burn, skin side down. I score it, because then what it does, it doesn't curl up, it goes flat. And don't play around with it, so many people put it in and then start touching it. Just let it naturally fall, you know, sort of spread out, then leave it.

**Scott Mills:** So keep it on high heat?

**Angela Hartnett:** Yeah, high-ish, high to sort of- medium to high, and then leave it on there and just literally shake your pan after say ten seconds, just to make sure it's not stuck, and then just leave it, cook all the way more or less on the skin side.

**Scott Mills:** Now, Angela said it like that, I'm like, oh, I could do that.

**Angela Hartnett:** Of course you could.

**Nick Grimshaw:** You can. So easy because I- you're- what you're saying about like Sam not liking mushrooms cause his mum don't like mushrooms and stuff like that. Because my mum always overcooked stuff and would worry about stuff being undercooked, I think everything in my head has to be cooked for ages.

**Scott Mills:** That's-

**Angela Hartnett:** Right, yeah.

**Nick Grimshaw:** Cause I think, 'I'm gonna get food poisoning.' And it's always in my head.

**Scott Mills:** Sam's like that.

**Nick Grimshaw:** My mum would like, not joking, put broccoli on for like, straight up an hour, boiling. I'm not joking.

**Angela Hartnett:** How do you get food poisoning from broccoli?

**Scott Mills:** All the- all the nutrients are long gone.

**Nick Grimshaw:** All the nutrients gone. And with fish, I'd be like, well that's gotta be in the oven for like twenty-five minutes. And it's not at all, has it, it's like quick and easy.

**Angela Hartnett:** Yeah. It all depends on the size of it. But something like this, this is like three minutes.

**Nick Grimshaw:** What's the sauce?

**Angela Hartnett:** So the sauce is, it's a classic sort of French sauce in a way, sauce vierge, which is tomatoes, basil, olive oil-

**Nick Grimshaw:** Delicious.

**Angela Hartnett:** -vinegar or lemon juice. And I've put cherry tomatoes through it. So it's tomato, basil, and vinegarette really.



**Nick Grimshaw:** And anchovy?

**Angela Hartnett:** And I've put anchovies and added some olives and new potatoes as well.

**Nick Grimshaw:** It's really good.

**Angela Hartnett:** There you go.

**Nick Grimshaw:** I feel like that sauce makes this- this without the sauce could be something, like, depressing Gwyneth Paltrow might serve you. But with the sauce it becomes like, 'Mm, yummy.'

**Angela Hartnett:** You need the sauce. It's all, it's all very continental.

**Nick Grimshaw:** Mm. Love it.

**Scott Mills:** Would you say there are more- like, this is for me is quite interesting fish, whereas I find cod really boring, but that's 'cause I'm not doing anything with it, right?

**Angela Hartnett:** Something like cod can really take loads of flavour. Great thing with cod is like curry, a mussels sauce. So you make a nice like- like something like this sort of vinegarette sauce, add some curry flavour to it, add a little bit of cream to it and you've got this lovely- and mussels and it's delicious. It's really good.

**Nick Grimshaw:** Yeah. Cod, it always comes apart.

**Angela Hartnett:** Cod you can add loads of flavour to it.

**Nick Grimshaw:** Right.

**Scott Mills:** I think you have to, don't you.

**Nick Grimshaw:** What- yeah, you've got to a little bit. Why does when I make cod does it turn to like, crumbs?

**Scott Mills:** Yes.

**Angela Hartnett:** Because it's just that sort of flakey fish.

**Nick Grimshaw:** It always just sort of falls everywhere, you like find it in your hair a week later, like, and it just sort of disappears into the ether.

**Angela Hartnett:** Because it's flakey, it's a flakey fish, but salt it beforehand.

**Nick Grimshaw:** Mm.

**Angela Hartnett:** Get your fillet and just salt it for like twenty minutes and it firms it up. Then- don't obviously salt it when you, when you go to cook it, just take the salt off, dry it off, and you're laughing.

**Nick Grimshaw:** I'd get that wrong. Someone would be poisoned.

**Angela Hartnett:** I'm gonna charge you two both for this cookery lesson, you're getting quite a lot of tips here.

**Nick Grimshaw:** You know I like message Ange-

**Angela Hartnett:** On a weekly, daily basis.

**Scott Mills:** Oh, I can imagine. I know, I know you do.

**Nick Grimshaw:** And I send her a picture of fish that I've bought, and I don't do it earlier in the day when like, maybe she might have time. It's at like 7:30 on a Saturday night when I'm like, about to start cooking, I'm like, 'What do I do with monkfish?' And she's like, 'Send me a picture,' and then I send a picture and I'm like, 'What- what do I? Like how hot?' And then always have to do it. I've done it a few consecutive nights. I think I might have done a Friday, Saturday, Sunday.

**Angela Hartnett:** You did it Friday, Saturday bank holiday weekend. So I sent him a picture of like the fifty checks we had on in the kitchen. I said-

he goes, 'Oh, here's my monkfish,' I said, 'Here's my night. If you could just hurry up.'

**Nick Grimshaw:** She's like, working in the kitchen and I'm like, 'How do I do mine?'

**Scott Mills:** Oh, I kind of wanna text her now.

**Angela Hartnett:** It makes great merriment for me.

**Nick Grimshaw:** I'll give you her number, you just message her.

**Scott Mills:** Love that, wouldn't you Angela.

**Nick Grimshaw:** I love it. Love it.

**Scott Mills:** But you are so lucky to have that service.

**Nick Grimshaw:** I know. It's such a good service. Yeah, straight from Angela, yeah. But this is really good. This is a real easy one, isn't it? If you wanna try this, [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes).

**Angela Hartnett:** Dish recipes.

**Nick Grimshaw:** I'm gonna try some wine.

**Angela Hartnett:** The wine is very nice actually.

**Nick Grimshaw:** The wine pairing that Waitrose have suggested with our fish is, Bernard Fouquet

**Scott Mills:** Like Hyacinth.

**Nick Grimshaw:** and it's a Loire white made from Chenin Blanc.

**Scott Mills:** Oh.

**Nick Grimshaw:** Yeah. Mm. That is- oh my god, it is nice.

**Scott Mills:** And that's the problem.

**Nick Grimshaw:** Oh it does-

**Scott Mills:** It is nice.

**Nick Grimshaw:** Bernard really knows what he's doing. That is nice. Very smooth,

**Scott Mills:** Very nice.

**Angela Hartnett:** Delicious.

**Scott Mills:** I mean, I dunno what I'm talking about, but it's delicious.

**Nick Grimshaw:** No, that is really good. I think all you need to know is, does it taste nice?

**Angela Hartnett:** It does.

**Nick Grimshaw:** It sure does.

**Angela Hartnett:** Goes with the fish.

**Scott Mills:** Thanks Bernard.

*[Dinner table sounds]*

**Nick Grimshaw:** Now, at the time of recording it's half-eleven in the morning, and Scott, after this you are gonna go over to your new-ish job. How's life at Radio 2?

**Scott Mills:** It's great, you know.. You can play loads of songs and not have to go, 'Oh, this is a guilty pleasure.'

**Nick Grimshaw:** Your guilty pleasures are non-guilty.

**Scott Mills:** It's like, no, I actually like this.

**Angela Hartnett:** Brilliant, brilliant.

**Nick Grimshaw:** Because, how long were you at Radio 1, like?

**Scott Mills:** Twenty-four years.

**Nick Grimshaw:** Twenty-four years.

**Angela Hartnett:** Wow.

**Scott Mills:** That went by like that.

**Nick Grimshaw:** That's incredible, isn't it?

**Scott Mills:** So I joined in September '98. The same day that Zoe Ball started doing the Breakfast Show.

**Nick Grimshaw:** Didn't Zoe have like a nightmare on her first day at Radio 1 or something?

**Scott Mills:** Fourth day.

**Nick Grimshaw:** Fourth day.

**Scott Mills:** Yeah. So I was doing early mornings, so before the breakfast show, I mean, it's a lifestyle. You get up at two and then you're on at four. So on the fourth day, so on the Thursday, someone came in at five, I'm an hour into the show, and they went, 'So Zoe's not feeling well, do you want to do the Breakfast Show?' Day four. So they, they were like, 'Do you want to- we'll play a few songs back to back, go upstairs and have a little think about it, get some fresh air, but then we will need to know whether it's a yes or no.' I just- I was terrified, but I was like, 'Yeah, okay then.'

**Nick Grimshaw:** Yeah.

**Scott Mills:** Day four.

**Nick Grimshaw:** Wow.

**Angela Hartnett:** Brilliant.

**Nick Grimshaw:** What- incredible that it was your fourth day and that you, you know, you were doing the Breakfast Show on Radio 1. It's even more incredible that Zoe Ball didn't turn up. Like day- night three, she was like-

**Angela Hartnett:** Already out.

**Nick Grimshaw:** 'Let's \*\*\*\*ing have it. I've had a long three days. We should go out.'

**Scott Mills:** It was the late nineties.

**Angela Hartnett:** Yeah.

**Nick Grimshaw:** Yeah, come on.

**Scott Mills:** Come on.

**Nick Grimshaw:** So did she like, come in later on?

**Scott Mills:** No.

**Nick Grimshaw:** No. Just didn't come in, no.

**Scott Mills:** Me and her talk about this all the time now, and she's like, 'Thanks for saving me.' But also, if she hadn't been off on day four- like I covered the breakfast show, then through all of Zoe's time, and Sara Cox and Chris Moyles, and you.

**Nick Grimshaw:** Oh my God.

**Angela Hartnett:** Everyone.

**Scott Mills:** And Greg James.

**Angela Hartnett:** Yeah.

**Scott Mills:** So cheers.

**Nick Grimshaw:** Thanks Zoe.

**Scott Mills:** Right. So if I had not had that opportunity or been put in that position, it's like sliding doors. Would I have ever done it?

**Angela Hartnett:** Yeah.

**Scott Mills:** Right? So, thanks Zoe.

**Nick Grimshaw:** Thanks Zoe.

And do you remember like what it was like when you, when you joined around those time at Radio 1? Cause like Radio 1 in the nineties was just like a, you know, a beast, wasn't it?

**Scott Mills:** It was a beast. It felt like the whole world listened. It's not in the same building as we are in now, it was a pretty rundown building, do you remember?

**Nick Grimshaw:** Yeah, yeah. It was kind of- I always thought it was a bit like-

**Scott Mills:** Student radio.

**Nick Grimshaw:** Yeah, bit student radio and a bit like, like the common room.

**Scott Mills:** Yeah, but that's what made it great.

**Nick Grimshaw:** Sixth form.

**Scott Mills:** Yeah. It didn't feel-

**Nick Grimshaw:** Official.

**Scott Mills:** No.

**Nick Grimshaw:** No.

**Scott Mills:** You know exactly what I mean.

**Nick Grimshaw:** And like the offices were weird, and then the basement, where the studios were inexplicably, had a cage all the way around them.

**Scott Mills:** Yes.

**Nick Grimshaw:** And then it was like mesh caging, kind of like from the So Solid video.

**Scott Mills:** It was!

**Nick Grimshaw:** Kind of like So Solid '21 Seconds'.

**Scott Mills:** Yes, it was that.

**Nick Grimshaw:** And on the other side of the cage was just like loads of crap.

**Scott Mills:** Yeah. There's a bath in there.

**Nick Grimshaw:** You'd be like, this way, Britney Spears. Just past the fence.

**Scott Mills:** Yeah.

**Nick Grimshaw:** It was so weird.

**Scott Mills:** Do you remember there was- for some reason there was, one of the DJs had a feature where it was like, 'In the bath with-' whoever it was.

**Nick Grimshaw:** Yeah. And they'd be in a bath.



**Scott Mills:** There was a bath there. There was a photocopier. I found Britney Spears there having a nap once.

**Nick Grimshaw:** Oh God.

**Angela Hartnett:** No.

**Scott Mills:** It was a funny-

**Nick Grimshaw:** There was a smoking room.

**Scott Mills:** There was a smoking room downstairs designed by... Laurence Llewelyn-Bowen.

**Nick Grimshaw:** Wow.

**Angela Hartnett:** No way.

**Nick Grimshaw:** Not the nineties, you say?

**Angela Hartnett:** God, you could do a whole mastermind quiz on this one, you lot.

**Scott Mills:** So right next to where we were on air there was a smoking room.

**Nick Grimshaw:** It was quite weird. There was like one toilet.

**Scott Mills:** Yeah.

**Nick Grimshaw:** So-

**Scott Mills:** Which everyone got stuck in.

**Nick Grimshaw:** So everyone would get stuck in it, so then you'd have these massive stars like, when Rihanna came in to see you.

**Scott Mills:** Yeah, yeah.

**Nick Grimshaw:** And she was really late.

**Scott Mills:** Yeah.

**Nick Grimshaw:** And like, Rihanna would've had to use that- this like horrible minging bog.

**Scott Mills:** It's just disgusting.

**Nick Grimshaw:** And it, it was just quite funny like a pop star in a pop star outfit, having to use a really gross communal toilet.

**Scott Mills:** And when we say gross-

**Nick Grimshaw:** We're not exaggerating.

**Scott Mills:** We're not underestimating.

**Nick Grimshaw:** It was bad.

**Scott Mills:** Often the-

**Nick Grimshaw:** It was like a train station toilet.

**Scott Mills:** Yeah. The door handle would sometimes come off in your hand.

**Nick Grimshaw:** Yeah.

**Angela Hartnett:** No.

**Scott Mills:** And then-

**Nick Grimshaw:** Big plastic blue one.

**Scott Mills:** Yes. And then often you had to get out because you- the handle's off. So you would have to get out through a small window, which would then lead you onto- do you remember like those stairwells?

**Nick Grimshaw:** Stairwell.

**Scott Mills:** Like a New York stairwell outside the building.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Where they also did Babestation.

**Nick Grimshaw:** Oh yeah!

**Scott Mills:** And sometimes they'd be out there doing their thing on the staircases.

**Nick Grimshaw:** Yeah, yeah.

**Angela Hartnett:** It's nuts.

**Scott Mills:** Yeah, yeah. Good times. The nineties, guys.

**Nick Grimshaw:** And how was your time at Babestation? Good.

**Angela Hartnett:** Yeah.

**Scott Mills:** Yeah.

**Nick Grimshaw:** And then how did it feel when you, you know, left? Like, did it feel- how- you know, I'm just interested 'cause I had a similar-

**Scott Mills:** Yeah.

**Nick Grimshaw:** -long time.

**Scott Mills:** A long time.

**Nick Grimshaw:** And, and a big decision to leave. Like how, how did it feel for you? Because I always wanted to be there from being little.

**Scott Mills:** Yeah.

**Nick Grimshaw:** So it just felt I never thought about leaving.

**Scott Mills:** No.

**Nick Grimshaw:** Even though you knew you always would.

**Scott Mills:** Well, that's really true what you say, I'd wanted to be on Radio 1 since I can remember, so- but I never thought it would actually happen.

**Nick Grimshaw:** Yeah.

**Scott Mills:** Do you know what I mean? Somehow I managed to get that job and it was twenty-four years, and I can't quite compute that, even now, that that happened. I think it's the longest time anyone's been on daytime Radio 1.

**Nick Grimshaw:** Is it? Wow.

**Angela Hartnett:** And why the move to Radio 2?

**Scott Mills:** I just think it was time.

**Angela Hartnett:** Yeah.

**Scott Mills:** I think I'd done my thing on Radio 1. I was very sad when you left, actually.

**Nick Grimshaw:** Were you?

**Scott Mills:** Yeah. I was sad. I probably didn't tell you.

**Nick Grimshaw:** No.

**Scott Mills:** But I was sad to leave Radio 1.

**Nick Grimshaw:** Mm-hmm.

**Scott Mills:** It was-

**Angela Hartnett:** Oh, I bet.

**Scott Mills:** It was almost like I- I dunno what your experience was. You make the decision and you know it's gonna happen, but it'll be a few months away. But it kind of felt like I was in denial about it. Do you know what I mean? Like you've said, you've made that decision and it's a big decision after twenty-four years. And it was like, 'So you're leaving soon?' I was like, 'Yeah, yeah, yeah,' and- but you just carry on doing it as normal and then the day arrives.

**Angela Hartnett:** Yeah.

**Scott Mills:** And you're like, this is the last day. And I couldn't get my head around it. And I was, yeah. I cried.

**Nick Grimshaw:** It was the only- yeah, I cried. And it was the only decision that I've made where, where I didn't ask a million people's opinions on.

**Scott Mills:** Was it?

**Nick Grimshaw:** Cause I always, I'm like, 'What'd you think about this? I shouldn't really say, but what'd you think about this?' And it was the only thing where I was like, oh, I just wanna go now.

**Scott Mills:** Yeah.

**Angela Hartnett:** Then you knew it was right.

**Nick Grimshaw:** When I knew. But then same as you didn't really think about it and then on the last day-

**Scott Mills:** No, I didn't think about it.

**Nick Grimshaw:** -it was the only time- 'cause you get like, it's like you've died.

**Scott Mills:** Yeah, of course.

**Angela Hartnett:** Yeah.

**Nick Grimshaw:** People, people send you really nice messages, which they don't normally say to you, and then people are like, 'Oh, I've listened to you for this long, you were here through this,' blah blah-But -they only said that until you were leaving, so only on the last day, I was like, 'Oh, maybe I like this. Maybe-' too late. We've got fifteen minutes left.

**Scott Mills:** Same happened to me. They put a picture off in black and white with '1998-2022'. I'm not dead.

**Angela Hartnett:** That's a bit harsh.

**Nick Grimshaw:** He's not dead. It's just one swipe on the BBC Sounds app.

**Scott Mills:** Sorry for your loss.

**Angela Hartnett:** Yeah, exactly, yeah.

**Nick Grimshaw:** Only a little turn to 2. Not black and white.

**Scott Mills:** Just wait a month. I'll be on the other side.

*[Drink pouring sounds]*

**Nick Grimshaw:** We thought now is the perfect time to talk about your NOT brand new book.

**Scott Mills:** Where did you get that?

**Nick Grimshaw:** "Love you Bye." We actually got it from the Oxfam, £2.99

**Scott Mills:** Also, you've overpaid for that.

**Nick Grimshaw:** Sorry, £2.99, I think you're doing all right there. Stunning photo on the back.

**Scott Mills:** Thank you. Lovely shoes.

**Nick Grimshaw:** Yeah. "Love You Bye." The iconic Scott Mills book.

**Scott Mills:** This is a lot of photos.

**Nick Grimshaw:** A lot of photos here.

**Angela Hartnett:** Are you in here?

**Scott Mills:** Really, really big font.

**Nick Grimshaw:** No, this before mine and Scott Mills' time

**Angela Hartnett:** So tell us about The Hoff. How'd you know him?

**Scott Mills:** Oh wow. Okay, so-

**Nick Grimshaw:** Yeah, because that's an incredible one. "Outside my mum's house with The Hoff.

**Scott Mills:** So, we had 'The Hoff' on my show quite a lot. Because, he at the time was doing a load of student gigs, because then it was like the theme would be 'Baywatch night'. So like all the students would turn up in the red shorts, take the top off, pretend to be 'The Hoff' or pretend to be Pamela Anderson. So, he was probably making quite good money from going round to all the unis all over the UK and doing these 'Baywatch nights' where you just turn up, get paid, wave, and go. But he's The Hoff, right. He was in Baywatch. And so I kind of saw that happening, got him on the show and then he said to me,

'Hey, do you fancy doing a TV show with me?' And I was like, 'Yeah.' Fast forward to about six months later, I'm living in his house in LA for a week and it was called, 'The Hoff: When Scott Came To Stay.'

**Nick Grimshaw:** What channel please?

**Scott Mills:** UK Living.

**Nick Grimshaw:** UK Living.

**Angela Hartnett:** I love these literal titles.

**Scott Mills:** So, I got there and then we just had a crazy week. We flew to Las Vegas on a private jet, which was one of the times in my life I thought, 'Oh, I'm gonna die.'

**Nick Grimshaw:** What a way to go though, right?

**Scott Mills:** But you say that. But what would the headline be?

**Nick Grimshaw:** Yeah, true.

**Scott Mills:** Right? He's way more famous.

**Nick Grimshaw:** The Hoff.

**Scott Mills:** 'David Hasselhoff and friend.'

**Angela Hartnett:** 'And some guy from London.'

**Scott Mills:** That's it. That's what it would've been.

**Angela Hartnett:** Lone Brit, yeah.

**Scott Mills:** It was so bumpy even he was like -

**Angela Hartnett:** Wow.

**Scott Mills:** Yeah. \*\*\*\*\* himself.

**Angela Hartnett:** Over the Grand Canyon. Could have been.



**Nick Grimshaw:** Then like when the bits, when it was filming, I imagine like, 'Oh, quite fine.' But then there must have been bits where you were living in The Hoff's house and they weren't filming and you were like, 'So. I'm just gonna head off to bed.'

**Scott Mills:** Well, that was the thing, like. At least it was real, I was actually in the spare bedroom, but you're right of course, there comes a time where the film crew go and they're like, 'Right, see you tomorrow.' Do you know what we did? .....We watched old Baywatch!

**Nick Grimshaw:** No. No he did not.

**Scott Mills:** Yeah. So in his -

**Angela Hartnett:** Did he make you watch it or you sort of, yeah?

**Scott Mills:** He suggested it Angela...

**Angela Hartnett:** And all the family? Did his wife and kids, were you all like watching?

**Scott Mills:** This is before he was married.

**Angela Hartnett:** Okay. Right

**Scott Mills:** So he had a load of VHS' of Baywatch and some ones on DVD, so we'd watch a DVD of Baywatch.

**Nick Grimshaw:** Incredible.

**Scott Mills:** Yeah

*[Cocktail making sounds]*

**Nick Grimshaw:** Hey, we've gotta talk Eurovision because this year, I've always loved Eurovision, but I feel like this year I'm proper buzzing for it.

**Scott Mills:** It's gone up a notch.

**Nick Grimshaw:** Why do you think it's kicked off again, because Sam did so good last year, do you think?

**Scott Mills:** Yeah, I think -

**Nick Grimshaw:** People just fell in love with it more last year.

**Scott Mills:** I think he was just so good, you know? He was like, the model Eurovision contestant because he did really enjoy doing it. He didn't take any notice of the potential stigma that comes with it. Because let's be honest, we haven't done well for a few years.

**Nick Grimshaw:** Yeah about forty.

**Scott Mills:** But he talked about it so well, and obviously he can perform. And the voice is incredible.

**Nick Grimshaw:** The voice is good.

**Scott Mills:** I really think for the Eurovision fans, the BBC have taken on board everything that they wanted to happen. So we are just in a really good place with it for the first time in a long time. And also Liverpool is gonna be mega.

**Angela Hartnett:** Oh, it's been mental.

**Nick Grimshaw:** That's the dream city.

**Angela Hartnett:** Yeah, it is.

**Nick Grimshaw:** Not shy. Not a timid city.

**Angela Hartnett:** No, it's not. It's great.

**Scott Mills:** And it's not just the concert, like the whole of the pier and dock area has basically been transformed into a Eurovision village. There's a Euro club, you'd love that. It's just Eurovision music all night.

**Nick Grimshaw:** Love.

**Scott Mills:** There's a big like, massive concert in the square, like they are doing it properly because, who knows when it might happen again? And obviously we're hosting on behalf of Ukraine, but we are gonna show them a party.

**Angela Hartnett:** So it's Graham presenting it? Rylan, you?

**Scott Mills:** So yeah, me and Rylan are doing the semi-finals, which are on BBC One this year.

**Nick Grimshaw:** Yes, rightly so as well, like, what else are you gonna put on? Do you know what I mean?

**Angela Hartnett:** And everyone votes, even if your, if your country hasn't got through?

**Scott Mills:** Yeah, you can vote on one of the two semi-finals. But also what's interesting this year is they're doing a rest of the world vote. And that's gonna be only, it's gonna be treated as another country voting. So they'll add up all the scores from wherever. But it feels like it's getting global now, you know?

**Angela Hartnett:** But it is that expression that you use. You know when you do stupid games at home and stuff, 'Nil points.' How many times have we heard that?

**Nick Grimshaw:** So iconic. And so, I just love anything that makes everyone watch something at the same time. I feel like there's fewer and fewer of those things now.

**Scott Mills:** Yeah, there is.

**Nick Grimshaw:** You just can't watch this on catch up. You gotta watch Eurovision when it's on.

**Angela Hartnett:** Yeah. It's there and there. So who are we betting on? Come on, insight.

**Scott Mills:** Alright, so.

**Angela Hartnett:** Give us the lowdown.

**Scott Mills:** So, Finland.. Is really good.

**Angela Hartnett:** I've heard that, joking apart I have heard that.

**Scott Mills:** It's a mad song.

**Angela Hartnett:** I have heard that. Finland, people are saying Finland, yeah.

**Nick Grimshaw:** Don't Finland, Is it Finland that sometimes go down a rocky route?

**Scott Mills:** Yeah. This is proper Mad Rock. But it's a song called, 'Cha Cha Cha.' And it's by Käärijä. And he is, it's really hard to explain. He's got a fringe, he's got a mad, like, luminous green outfit on here. The rest is bare chested. And at the party, the London party the other night, I would say it was the absolute favourite.

**Nick Grimshaw:** Oh wow.

**Angela Hartnett:** Really?

**Scott Mills:** So Finland is a good one. Also Sweden. So, do you remember the song, 'Euphoria!'

**Nick Grimshaw:** Oh, do I ever?

**Scott Mills:** Right. Best Eurovision song probably ever. That was by -

**Nick Grimshaw:** What was her name, Loreen?

**Scott Mills:** Loreen, yeah. She's back.

**Nick Grimshaw:** Oh! It's Loreen for Sweden?

**Scott Mills:** Yes it is. Loreen for Sweden.

**Nick Grimshaw:** Oh my God. Sometimes we have that on in the morning when we like, can't muster the strength to go to work. We're like wack Loreen on. All rooms.

**Scott Mills:** Loreen's song is called 'Tattoo'. It's written by the same writers -

**Nick Grimshaw:** Ah, I've got goosebumps.

**Scott Mills:** She's got like, mad nails in the performance like, that long.

**Angela Hartnett:** Oh, my God.

**Nick Grimshaw:** Oh, my God. love.

**Scott Mills:** And, appropriate for a food podcast.. in the staging in Sweden, because they have a big contest to try and find who should represent. It looks like she's in a giant toastie machine.

**Nick Grimshaw:** Like a George Foreman? Like a, like a grill?

**Scott Mills:** Yeah, yeah, she's in the grill of the George Foreman.

**Scott Mills:** So the grill's there and there. Loreen's stuck in between.

**Nick Grimshaw:** She's stuck in between.

**Scott Mills:** Like a, like a crumpet.

**Nick Grimshaw:** Oh, my God. Like a Swedish crumpet.

**Scott Mills:** With massive nails.

**Nick Grimshaw:** Oh, my God. Love.

*(Dinner table noises)*

**Nick Grimshaw:** Scott Mills, we have the end of the show question sealed in this gold envelope.

**Scott Mills:** Okay.

**Nick Grimshaw:** It's a question that Angela and I have not seen. It's a question for you to open. If you choose to answer the question, you get a Waitrose goodie bag filled with yummy, delicious things. If you don't, we'll eat it.

**Scott Mills:** I'm up for that. Ohhh, this is really bad.

**Angela Hartnett:** Excellent.

**Scott Mills:** 'You were famously omitted from Rylan's list of celebrity friends recently.'

**Angela Hartnett:** Oh.

**Scott Mills:** I had a bit of a go about this.

**Angela Hartnett:** Right. Okay.

**Scott Mills:** I mean, it was a live TV show and I think, you know, he panicked a bit. But, they were like, 'Can you name your celebrity friends on one hand?' And he went, 'Yeah. Eamonn, Ruth and Claire from Steps.'

**Scott Mills:** Okay.. so I'm not there.

**Nick Grimshaw:** That's it.

**Scott Mills:** And then I was like -

**Nick Grimshaw:** You've got two more fingers?

**Scott Mills:** And then I was like, 'Hilarious, but like, I wasn't on there.' And he was like, 'Oh yeah, but I don't really count you as a celebrity.'

**Nick Grimshaw:** Wow.

**Scott Mills:** He's like, 'You're more my friend.'

**Nick Grimshaw:** Wow.

**Scott Mills:** You know when people are really trying to backtrack.

**Nick Grimshaw:** Wow. Oh, so he was like, 'You're a real friend.'

**Scott Mills:** 'That's why I didn't say it.'

**Nick Grimshaw:** Yeah. Oh whatever. Full of it, Rylan.

**Scott Mills:** Fine. Anyway, it says here, 'Please can you list your favourite celebrity friends, on one hand only?'

**Nick Grimshaw:** Only one hand, come on. This is good.

**Angela Hartnett:** Come on.

**Nick Grimshaw:** Come on, one hand only.

**Scott Mills:** I'm not really friends with celebrities.

**Angela Hartnett:** Yeah, now you're using Rylan's excuse.

**Nick Grimshaw:** What about The Hoff?

**Angela Hartnett:** The Hoff? Zoe?

**Scott Mills:** Is he- I'm doing it now. She's more of a friend, Angela.

**Angela Hartnett:** Right. Okay

**Nick Grimshaw:** Are colleague's different?

**Scott Mills:** Nick Grimshaw, more of a friend.

**Angela Hartnett:** Let's look up who he's got in his index.

**Nick Grimshaw:** Your friends, It's different when you're in the office with them, isnt it?

**Angela Hartnett:** Right.

**Scott Mills:** I've known him. I've known him twenty years.

**Angela Hartnett:** You're not, you're not Grimshaw then?

**Nick Grimshaw:** No.

**Scott Mills:** No.

**Nick Grimshaw:** No. no. We want some like celebs.

**Scott Mills:** Robbie Williams.

**Angela Hartnett:** Oh, that's pretty impressive.

**Scott Mills:** Stayed at his house too.. Don't like to mention it. It was a one off, as well.

**Angela Hartnett:** Anyone else?

**Producer:** Lewis Capaldi.

**Angela Hartnett:** Oh yes, of course.

**Scott Mills:** Sorry. See this is, I get now why it was hard. Lewis Capaldi. Yes.



**Nick Grimshaw:** Yeah, Lewis Capaldi, Lewis...

**Scott Mills:** Here we are.

**Nick Grimshaw:** Anyone else? There we go, that's alright.

**Angela Hartnett:** That's five fingers.

**Nick Grimshaw:** That's quite the line up.

**Scott Mills:** Oh, Sam Ryder.

**Nick Grimshaw:** Sam Ryder.

**Scott Mills:** Because of last year. And I'm speaking a lot to Mae Muller at the moment who's our Eurovision entry.

**Nick Grimshaw:** And Mae Muller, c'mon that is a dream night out.

**Scott Mills:** There we go, that's five.

**Angela Hartnett:** That's pretty impressive stuff, well done.

**Nick Grimshaw:** In your face Rylan.

**Angela Hartnett:** Yes, indeed.

**Nick Grimshaw:** And Scott, thanks for coming around to see us.

**Scott Mills:** That was so much fun.

**Nick Grimshaw:** It was really, really fun.

**Angela Hartnett:** It was great to have you.

**Scott Mills:** I loved it.

**Nick Grimshaw:** Great to have you.

**Angela Hartnett:** It was great to have you.

**Scott Mills:** And thank you for your delicious food.

**Angela Hartnett:** Pleasure. We'll give you the rest to take home.

**Scott Mills:** I will be taking that doggy bag thank you.

**Nick Grimshaw:** Yeah, you can take that.

**Scott Mills:** Thanks Waitrose.

**Nick Grimshaw:** Coming up next week on Dish, we are gonna be joined by Aisling Bea

*(Clip of Aisling Bea)*

**Nick Grimshaw:** If you would like to recreate today's dish for your friends or family, or maybe a stranger in the street, head to [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes). That is where you'll find all the meals we've ever made on the podcast.

**Angela Hartnett:** Follow Dish, wherever you get your podcast, so you'll get it delivered to your device every week. And if you enjoy it, please leave us a great review.

**Nick Grimshaw:** If you don't just listen to something else.

We can't all have a Michelin star chef in the kitchen. But you can get some Michelin star advice. Email your questions for Angela, whatever they are to [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk).

**Voiceover:** Waitrose, food to feel good about.